

Swedish Judo Federation



Swedish Judo Federation (SJF) organises European Cup for seniors in Lund, Sweden, October 24-25th, simultaneously there will be a Training Camp "Judo4Life" for all ages and categories. The focus is for all categories and especially judoka and those who do not compete as much or not at all. The actual European Cup is the main attraction this weekend where you get the perfect opportunity to see a high-class judo competition with many judoka who have set their sights and mind to the Olympics in Rio. The contest is one of 12 European Cups that attracts highly ranked from large parts all over the world. Therefore SJF now hope that the Scandinavian judo enthusiasts will find their way to Lund and this great competition that offers both high-class judo with speed, excitement and struggle in a respectful manner.

The venue **Sparbanken Skåne Arena** takes 4,000 spectators and with all the sports minded people in south of Sweden, Denmark and the surrounding we hope for full spectator stands. There will also be several happenings as, Cadet National squad training (only specially invited), seminars, business mingle, sponsors meeting, celebrity events and Nordic trainers meeting.

Registration through Ticnet

Registration through Ticnet Registration for the camp is done through Ticnet on the link below, **no later than 9 October**. Just enter how many you should have and also please register size of T-shirt that is included in the package and then select the payment;

<http://www.ticnet.se/artist/judo-european-cup-biljetter/959807>

Training Camp Fee - Judo4Life:

600 SEK is paid through Ticnet when ordering on web site above. **The fee includes;**



- **Judo4Life training camp** (see chart next page)
- **T-shirt to all participants**
- **The entrance both days to EC competition and cadet International**
- **two lunches is included in Arena restaurant** (Saturday and Sunday)

Where?

- **Judo4Life Training Camp** is in Bollhuset, Fasanv. 2, Lund (about 10 min walk from the stadium)
- **European Cup is the Sparbanken Skåne Arena**, Stattenavägen 25, Lund,
- **Accommodation school Polhemskolan**, Trollebergsv. 41 Lund (about 8 minutes walk from the Arena)
- **Accommodation Hotel Park In Hotel**, Hedvig Moller Street 2, Lund (about 1,5km from the Arena)



Sparbanken Skåne



OFFICE
MANAGEMENT



PEAB
NORDENS SAMHÄLLSBYGGARE

BERGVARABUSS

BUDO·NORD
Kom förbi vår monter på arenan
för specialerbjudanden!

Swedish Judo Federation



Accommodation Reservations

All participants must buy ticket to the camp through Tictet. When booking of accommodation and bus travels you have to fill in entry form and send to us **no later than 9th October**.

Accommodation in the **school 100 SEK** per night / person includes breakfast in Polhem school canteen. Do not forget to bring own air mattress.

Accommodation in **Hotel Park Inn**, including breakfast;

Single room **630 SEK**, Double room **400 SEK**, Triple room **350 SEK** (all prices are per person o night)

Low cost travel to Lund

SJF provide travel by bus from Stockholm and Gothenburg and return, at very low price. Depart October 23rd at. 12:00 h, from Stockholm and 14.30 h, from Gothenburg.

600 SEK per person from Stockholm or **500 SEK** per person from Gothenburg

(SJF reserves the right to cancel bus trip for reservations of less than 30 people / bus.)

If you book in advance offers SJ cheap train travel where two children per adult leaders under 15 years go free. Also see webb site; <http://www.sj.se/>

<u>Program (preliminary)</u>	<u>time</u>	
Friday Oct. 23rd	17.30 -	Check-in/registration of participants in Bollhuset.
	18.30 – 20.00	Training 1. Judo4Life Tshi-waza for all
Saturday Oct. 24th	07.30 - 08.30	Breakfast Polhemskolan / Hotel
	09.30 -11.30	Training 2 Kids, youths, adults & Ju-no-kata
	10.00 -	Competition start of European Cup 2015 (W48,W52,W57,W63,W60,M60,M66,M73 kg)
	12.00 – 13.00	Lunch at Arena Restaurant
	14.00 - 15.30	Training 3 Kids, youths, adults & women (special group)
	16.00 -	Opening ceremony EC 2015
Sunday Oct. 25th	16.15 -	Final round European Cup, day 1.
	19.00 -	Team Event Nordic Cadetter girls&boys (born 1998-2000)
	07.30 - 08.30	Breakfast
	09.30 - 11.30	Training 4 Ne-waza for all
	10.00	Competition start of European Cup 2015 (W70,W78,W+78,M81,M90,M100,M+100 kg)
	12.00 – 13.00	Lunch på arena Restaurang
	14.00	Final round EC
	16.00	Finish and home travels.

Trainers

The training sessions are led by some of Swedens most qualified trainers, among them **Jörgen Häggquist, Ann Lööf, Peter Nyvall, Kristiina Pekkola, Thomas Nyvall, Kenny Kling, Micael Öberg** and **Mauel Santos**. There will be on-site split into groups depending on how participation looks. The trainings will include technique, randori, judo games, veteran training, kata, etc., etc.

Welcome to Lund

Karin Strömqvist Båathe
karin.baathe@judo.se
Utbildningsansvarig SJF



Michel Grant
michel.grant@judo.se
Event Manager Int. event



Eddy Åberg
eddy.berg@gmail.com
Ordf. LUGI Judo



Sparbanken Skåne



OFFICE
MANAGEMENT



PEAB
NORDENS SAMHÄLLSBYGGARE

