

3ème OPEN BRESSE INTERNATIONAL

U14 m/f – U17 m/f – U20 m/f



SATURDAY 20 FEBRUARY 2010

- U 14 m/f (1996 et 1997)
- U 17 f (1994 et 1995)
- U 20 f (1991, 1992 et 1993)

SUNDAY 21 FEBRUARY 2010

- U 17 (1994 et 1995)
- U 20 (1991, 1992 et 1993)

2° TRAINING CAMP

22 & 23 FEBRUARY 2010



CHRISTOPHE BRUNET

**Coach of the Female Teams of France in BEIJING
Double Champion of France 1st Division**





3^{ème} International Judo Open
Saint Denis les Bourg February 20-21, 2010
U 14 m/f – U 17 m/f – U 20 m/f

- Organiser :** Saint Denis Dojo
- Place:** Gymnase Municipal (Sport Hall)
Allée des sports 01000 Saint Denis les Bourg, France
- Date:** Saturday 20 february 2010 – U14 m/f, U17 f et U20 f
Sunday 21 february 2010 – U17 m et U20 m
- Participants:** U14 (girls, boys born 1996 and 1997)
U17 (girls, boys born 1994 and 1995)
U20 (girls, boys born 1991, 1992 and 1993)
- Weight catégories:**
- | | |
|------|--|
| MU14 | -34, -38, -42, -46, -50, -55, -60, -66, -73, +73kg |
| FU14 | -36, - 40, -44, -48, -52, -57, -63, -70, +70kg |
| MU17 | -46, - 50, -55, -60, -66, -73, -81, -90, +90kg |
| FU17 | -44, -48, -52, -57, -63, -70, +70kg |
| MU20 | -55, -60, -66, -73, -81, -90, -100, +100kg |
| FU20 | -44, -48, -52, -57, -63, -70, -78, +78kg |
- Mode :**
- | | |
|-----------|---|
| U14 : | Poules (Time 2')
Knockout system (Time 3') |
| U17, U20: | Poules (Time 3')
Knockout system (Time 4') |
- Mats :** 4 / 5 tatami
- Rules :** the competition rules of French judo federation (FFJDA)
- Schedule:**
- | | |
|----------|---|
| Friday | 18H00 à 19H00 weight-in for Saturday |
| Saturday | 09H00 à 10H00 weight-in for U14 m/f |
| Saturday | 12H00 à 13H00 weight-in for U17 f and U20 f |
| Saturday | 18H00 à 19H00 weight-in for Sunday |
| Sunday | 08H00 à 09H00 weight-in U17 m |
| Sunday | 11H00 à 12H00 weight-in U20 m |
- Opening :** 10H30
- Start of compétition :** 10H45
- Registrations:** Clubs will inscribe their combatants either by the site of tournament, or by electronic mail. Use the specific document to list the contestants.
- Registrations contact:** Web site : <http://openbresse.unblog.fr>
Email : p.neyra@wanadoo.fr

- Registration deadline:** **Friday, February 12, 2010.** Date of email is applicable.
Later registrations may be refused due to capacity limitations.
- Registration fee:** 8 € per participant, to be paid before the weightin.
All athletes from clubs and associations being members of the EJU/IJF can participate.
- Referees:** 1 referee by Tatami, under the supervision of J.M. GUYOT
The contestants have to provide themselves the red and white belts (accepted blue Kimono).
- Rewards:** Medals, All podia are rewarded.
- Medical :** Will be provided

Welcome to St Denis les Bourg, have a safe trip and good success !

Web site: <http://openbresse.unblog.fr>

Judo club Saint Denis Dojo

The Chairwoman
Stella NUGUET

Technical manager
Pierre NEYRA