## Finnish Judo Open for juniors / Kymijoki shiai

International Kymijoki shiai / Finnish Judo Open for Juniors in categories M20,W20,B17,G17,B15,G15 and B13, G13

Kymijoki shiai for juniors is an international contest for girls and boys, that will be now arranged for 11th time. Last year we have had about 430 participators from Estonia, Latvia, Russia, Ukraine, Finland, Norway and Sweden.

Kouvola is located in southeastern Finland with good road and railway connections (135km to Helsinki and 300 km to St.Peterburg).

Place and time: 27.11.2010 Mansikka-ahon Liikuntahalli, Mansikka-ahontie 1, Kouvola

Weighting: Friday 26.11. hotel "Cumulus", Valtakatu 11. Unofficial at 16.30-17.00 and official at 17.00-19.00 for all Saturday 27.11. Mansikka-ahon Liikuntahalli, Mansikka-ahontie 1, Kouvola. D-and C-juniors unofficial at 07.00-07.30 and official at 7.30 - 8.45 and contest starts at 10.00

A-and B-juniors unofficial at 10.00-11.00 and official at 11.00-12.00 and contest starts at 12.30 depending how there will be free tatamis

Age limits for the participants: D-girls and boys born -98 - 99

C-girls and boys born -96 -97 B-girls and boys born -94 -95 A-girls and boys born -91 -93

Weight-classes: DB: -30, -34, -38, -42, -46, -50, -55, +55

DG: -28, -32, -36, -40, -44, -48, -52, +52 CB: -34, -38, -42, -46, -55, -60, -66, +66 CG: -32, -36, -40, -44, -48, -52, -57, -63, +63

CG: -32, -36, -40, -44, -48, -52, -57, -63, +63 BB: -45, -50, -55, -60, -66, -66, -73, -81, +81

BG: -44, -48, -52, -57, -63, +63 AB: -55, -60, -66, -73, -81, -90, +90 AG:-48, -52, -55, -57, -63, -70, +70 kg

Contest system: Pool, Double pool or French

Contest time: D-2 min., C-3 min., B-3 min., AG-4 min., AB-4 min.

Entering and info: Before 25.10.2010 info, how many participators from each club

before 22.11.2010 names of the participators. But if visa needed deadline will be 01.11. 2010

E-mail: aarno.holm@pp.inet.fi Tel: + 358 40 55 38 584

Post: Kouvolan Judoseura Ry. Aarno Holm, Kangastie 7, 45100 Kouvola, Finland

Insurance: Every participator must have an insurance, which covers judo-accidents according to the Finnish system. If the participator cannot approve to have the insurance, he/she is obligate

to pay an isurance fee of 10 EURO. With these fees the Kouvolan Judoseura covers the possible foreigners hospital costs.

Kouvolan Judoseura reserves by itself following rights:

-to change weight classes and competition system

- -advertisement on judokas according to the valid rules
- -to limit the number of participators

Entry fee: € 20/ participator to be paid to:

Kouvolan Judoseura Ry, Nordea Bank, 202518-70778

IBAN: FI 78 20 25 18 00 07 07 78

SWIFT: NDEAFIHH and please use note number 2118 if you do pay via bank.

or cash in competition place

Referees: Every team must have one referee at least. To referees will be paid day money and food.

Organiser: Kouvolan Judoseura Ry. www.kouvolanjudoseura.com

Accommodation:

Hotel or Youth hostels. Inquiries Mr. Aarno Holm, tel:  $\pm$  358 40 55 38 84

or email: aarno.holm@pp.inet.fi

## Judo camp

On following Sunday 28.11. There will be a camp for randori, where in any case one part of the foreigners will stay. The camp will be in the same place as the contest.

Sensei: Finnish and foreign coaches.

Schedule: Period 1. 09.00-11.00

Period 2. 12.30-14.00 or as participants agree

Participating: for all who will have high standard randori

Contact person: Aarno Holm, tel. + 358 40 55 38 584, E-mail aarno.holm@pp.inet.fi

Kouvolan Judoseura Ry.

Welcome all to a cool shiai in Kouvola