JUDO CLUB ISTARSKI BORAC

PULA - CROATIA

Invites You to the INTERNATIONAL JUDO TRAINING CAMP

<u>ISTRA 2013</u>

26th - 30th June 2013 in Pula - Croatia

Camp leader

JANUSZ PAWLOWSKI

2 times Olympic games medalist 3 times world championships medalist

3 times European championships medalist



Tecnical coach

CRAIG FALLON

World champion 2005 European champion 2006 World and European vice champion 2003

NEW LOCATION!!!

Training camp will be held in camping Brioni (Puntižela), close to Pula



Judo ...



sea...



& more...

ACCOMODATION:

OPTION 1: HOSTEL INSIDE THE CAMPING – ONLY 100 meters from the training site and 100 meters from the beach (accommodation in 1/2, 1/4, 1/6 & 1/8 rooms, floor bathroom) - Full board treatment.

OPTION 2: HOSTEL IN FAŽANA – 5 km from the camping and 100 meters from the beach (air conditioned, accommodation in 1/1, 1/2, 1/4, 1/8 & 1/10 rooms, floor bathroom) - Full board treatment.

OPTION 3: MOBILE HOMES INSIDE THE CAMPING or PRIVATE APARTMENTS IN THE VICINITY – PRICES ON REQUEST!

PROGRAM:

Arrival: Tuesday, 25 of June 2013 - registration procedure, check-in, dinner.

There will be organized two training session a day, mainly for cadets, juniors and seniors.

First training: Wednesday, 26th June at 09.00 am. **Last training:** Sunday, 30th June at 09.00 pm.

Training programs: morning training - Randori; afternoon training - Technical training.

PRICES:

Full board, accommodation in the hostel – 26.00 € per day Entry fee for the camp: $50 \in \text{(Single training } 10 \in \text{)}$

Total price: 180 € with departure on Sunday- June 30th, or 206 € with departure on Monday- July 1st 2013

Information and entries:

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