

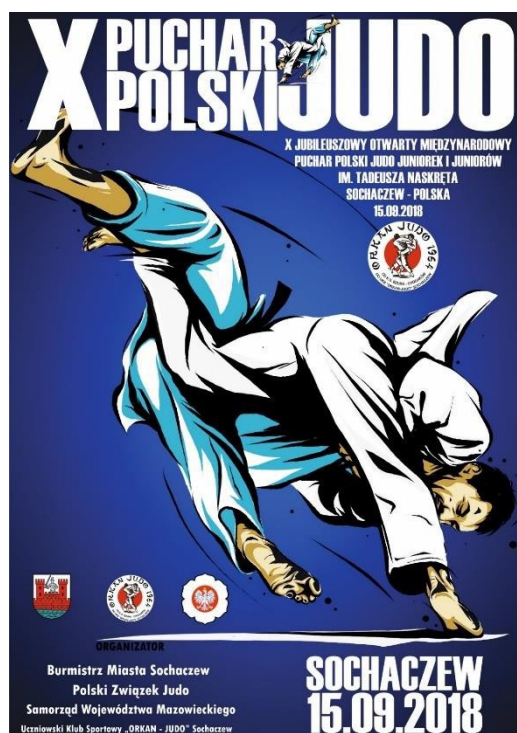


JUDO

POLISH

JUNIOR CUP

**10th Open International Polish Cup named
after Tadeusz Naskręt**



Version of 31 July 2018

1. ORGANISERS

The Ministry of Sport and Tourism The

Mayor of Sochaczew

The Local Government of Mazovia Province The

Polish Judo Association

UKS Orkan-Judo - Sochaczew

2. PROGRAMME

15 September 2018 (Saturday), Gym of Primary School no. 4, address: ul. Staszica 25, 96-500 Sochaczew	
7:00 AM – 8:00 AM	Control weigh-in of competitors
7:00 AM – 7:30 AM	Verification of competitors to the Polish Cup
8:00 AM – 9:00 AM	Official weigh-in and medical review: - Girls, weight classes: -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, 70kg, 78kg, +78kg - Boys, weight classes: -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100 kg
9:30 AM	Technical conference and drawing for all the weight classes of boys and girls
11:00 AM	Elimination and repechage fights of all the weight classes of boys and girls
3:00 PM	Competition opening
3:15 PM	Medal fights
	Award ceremony

3. PLACE OF THE COMPETITION

Gym of Primary School no. 4 in Sochaczew

ul. Staszica 25

96-500 Sochaczew

4. OFFICE OF THE COMPETITION

Gym of Primary School no. 4 in Sochaczew, ul.

Staszica 25, 96-500 Sochaczew

Office manager: Mr Marcin Cichocki, tel. no.: 602 134 632, e-mail: orkan.judo@onet.eu

Opening hours:

14 September 2018 (Friday) 5:00 PM – 9:00 PM

On the competition day (Saturday) from 7:00 AM to the closing of the competition

5. PARTICIPATION RULES / COMPETITION SYSTEM

- o Competitors must have a valid license of the Polish Judo Association and valid medical examination.
- o Clubs entering their competitors must have a valid license of the Polish Judo Association.
- o The competition will be held on three mats (fighting area of 7m x 7m) in the system as designated in the Sporting Regulations of the Polish Judo Association.

6. COMPETITORS' AGE, RANK, FIGHTING TIME

- o Age groups: 1998-2000 (right to participate 2001-2002)
- o Rank: at least 3 kyu
(as per the register of the Polish Judo Association: <http://www.pzjudo.pl/index.php?m=30&lg=pl>)
- o Fighting time: 4 minutes + GS (unlimited time)

7. WEIGHT CLASSES

- o Girls: -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
- o Boys: -55 kg, -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

8. ENTRY TO THE COMPETITION (up to 10 September 2018)

- o Clubs can enter competitors at least 5 days before the competition only via the electronic system of the Polish Judo Association. Entries can be made up to 10 September 2018 inclusively (Monday) until 12:00 AM (www.pzjudo.pl/system)
- o Entries made otherwise (by e-mail, fax) will not be accepted!
- o Making adjustments:
 - up to 10 September 2018 inclusively (Monday) until 12:00 AM by electronic means via the system
 - from 11 September (Tuesday) to 14 September inclusively (Friday) until 2:00 PM via the system and concurrently via email at: zawody@pzjudo.pl
 - 15 September (Saturday) during verification of competitors (from 7:00 AM to 7:30 AM)
- o Entries made after the time limit (the system accepts entries made after the time limit) result in a regulatory penalty in the amount of PLN 100 for every delayed entry paid until the end of the verification at the latest (Sporting Regulations of the Polish Judo Association).

9. PARTICIPATION COSTS

- o Participating clubs
- o Participation fee – (**PLN 40**) – for every competitor entered

10. WEIGH-IN AND REVIEW OF MEDICAL EXAMINATIONS

- o Competitors must have an identity document and valid medical examination during the official and random weigh-in.
- o The time of the control weigh-in, official weigh-in for particular age groups and random weigh-in are according to the competition schedule (see point 2 – programme).
- o In accordance with the sporting regulations of the Polish Judo Association, there is no weight tolerance in the competition.

11. COMPETITION DIRECTOR

Marcin Slopecki, tel. no. 501 124 125, email address: zawody@pzjudo.pl

12. REPRESENTATIVE OF THE POLISH JUDO ASSOCIATION

Mr Andrzej Falkiewicz

13. REFEREES

- o Chief referee: to be determined
- o Refereeing in accordance with the fighting rules of IJF 2018:
http://99e89a50309ad79ff91d-082b8fd5551e97bc65e327988b444396.r14.cf3.rackcdn.com/up/2018/03/Explanatory_guide_of_the_judo_-1520605350.pdf

14. COACHES

- o The rules of Dress Code and Code of Conduct for Judo Coaches apply:
 - technical conference, drawing: suit, jacket or club tracksuit with shoe-long tracksuit bottoms
 - elimination: suit or club tracksuit with shoe-long tracksuit bottoms
 - medal fights: suit, jacket or club tracksuit with shoe-long tracksuit bottoms
 - forbidden clothing while near tatami during fights: shorts, bare torso, cap or another form of headwear, jeans, sweaters or other clothing unrelated to sports.

15. TRANSPORT

Self-provided

16. ACCOMODATION AND FOOD

- o Accommodation (competitors and coaches):
 - **Hotel Chopin (****), ul. Traugutta 21, 96-500 Sochaczew**
Booking:
tel. no. 1: +48 46 862 59 99; tel. no. 2: 668 340 938,
email: recepja@hotelchopin.pl
Two-person room with breakfast – cost PLN 200
 - **Ośrodek Szkoleniowo-Hotelowy Leśne Zacisze ul. Lipowa 1, 96-515 Teresin**
Booking: Tymorek Damian, tel. no. 508528917, 468613769,
email: damian.tymorek@gmail.com
Cost PLN 65 with breakfast/person
 - Clubs will be charged for booked but unused accommodation.
- o Accommodation (representative of the Polish Judo Association, referees, competition director):
 - **Hotel Chopin (****), ul. Traugutta 21, 96-500 Sochaczew**
- o Food:
 - The possibility to order lunch (two meals + dessert) for PLN 27. Orders up to 10 September (Monday):
email: orkan.judo@onet.eu

17. JUDO GI

- o Competitors wear white and blue judogi. The first announced competitor puts on white judogi, the second one wears blue judogi.
- o Judogi control is carried out in accordance with the Sokuteiki rules: <http://www.eju.net/statutes>
- o Competitors wear white judogi at the award ceremony.

18. DISTINCTIONS AND AWARDS

- o Places 1-3 medals
- o Places 1-5 diplomas

19. OTHER INFORMATION

- o Competitors must hold accident insurance. Clubs are responsible for providing insurance.
- o Competitors must have valid medical examination and doctor's certificate pursuant to valid legal regulations. Clubs are responsible for the medical examinations and doctor's certificates. The certificate must be issued by a sports medicine doctor. In case a sports medicine doctor is not available, the certificate may be issued by a doctor who has completed an introductory course to sports medicine. The examinations which do not meet the above conditions will not be taken into account, thus, a competitor will not be allowed to participate in the competition.
- o The organiser is not responsible for such events.

20. BASIC RULES FOR PARTICIPATION

All participants in the competition: clubs, coaches, officials and competitors must accept and respect the powers of representatives of the Polish Judo Association, statute of the Polish Judo Association, Sporting Regulations of the Polish Judo Association, IJF refereeing principles, and POLADA anti-doping principles. Persons acting against these rules and principles may be suspended or expelled from the event.

Have a nice stay in Sochaczew!